

Wellness Week



April 29-May 3, 2019

 University at Buffalo
School of Law



MONDAY
April 29th

Eat the Best, Leave the Rest!

Pot “LUNCH” with Dean Abramovsky held in the 2nd floor Law Library starting at 11:45am.

The Best Wealth is Health!

Be mindful.... Grab some “Smart” food popcorn & juice in the Lobby! UB Medical School will be on hand to do wellness checks 11am-2pm as well.

TUESDAY
April 30th

UB Health Promotion and Counseling Services!

The offices of Health Promotion and Counseling Services will be tabling in the Lobby from 11am-2pm.

WEDNESDAY
May 1st

Going to the “Dogs”!

Starting at 9am - SPCA Therapy dogs provided by SALDF and faculty/staff thera-pups will be on hand. Raffle winner will also be selected!

THURSDAY
May 2nd

FRIDAY
May 3rd

Just Hang in There!

UBLOC Buffalo RiverWorks Ropes Course Fundraiser starting at 7pm. Look to SIP & Facebook for how to sign up!

Healthy Snacks, Hot Tea & Coffee, and Massage Chair in the Student Lounge.

Leave a note of “positivity” on our bulletin board. Enter to Win the Wellness Week Raffle.

ALL WEEK
LONG

